

Week 1 - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter Naan Bread	Humous & Vegetable Sticks			
Chicken Curry & Rice	Roast Chicken, Potato & Veg	Cowboy Sausage Hot Pot with Mash & Baked Beans	Pork & Couscous	Tuna, Broccoli and Pasta
VEGETARIAN Option				
Mushroom & Spinach Curry & Rice	Chickpea & Vegetable Loaf, Potato & Vegetables	Veggie Sausage Hot Pot with Mash & Baked Beans	Vegetables, Lentils & Couscous	Herb & Chickpea Balls with Pasta
		Apple Oaty Crumble – Dairy Free Crème Fraiche or Koko	Sultana Cookie	Fromage Frais Dairy Free Koko Yogurt

Tea

Pasta with Tuna & Sweetcorn (Cold)	Selection of Sandwiches Salad Sticks	Selection of Sandwiches Salad Sticks	Quiche or Ham with Salad	Potato & Sweet Potato Wedges with Baked Beans
Fruit Salad	Fromage Frais or Koko	Banana Cake	Fromage Frais Dairy Free Koko Yogurt	Oat Cake